

Relationships - VIPs

PSHE and Citizenship | UKS2 | Planning Overview

About the Topic

This unit entitled VIPs (Very Important Persons) will focus on relationships. Children will identify who their VIPs are within their families and friendship groups and how important kindness and respect are within these relationships. The unit addresses conflicts and resolutions in relationships. The children will also look at the secrets and dares as well as healthy and unhealthy relationships.



Home Learning

Disagreement Resolution: In this activity, children will draw a time when they have resolved a falling out within the home.

Kindness and Respect: In this activity, children will reflect on times they have shown kindness and respect at home and will keep a record of this.



Wider Learning:

Draw on the lessons within this unit beyond the classroom, for example, on the playground, on school trips and at whole school events. This will ensure the children have the behaviours reinforced in different environments.

www.bbc.com has lots of clips that could be watched to reinforce this unit.

Assessment Statements

All children should be able to...

- share ideas for ways we can care for our VIPs;
- create a poster to show a calming technique with support;
- discuss how a disagreement could be handled with support;
- explain ways to resist pressure with support;
- identify which secrets are OK to keep and which need to be shared with support;
- identify some aspects of healthy and unhealthy relationships;
- identify different types of relationships.

Most children will be able to...

- create a list to show different ways we can care for our VIPs;
- show a calming technique on a poster;
- discuss how a disagreement could either be avoided or handled;
- write and explain what to do when feeling pressured;
- identify and discuss which secrets are OK to keep and which need to be shared;
- identify healthy and unhealthy relationships.

Some children will be able to...

- generate further ways we can care for our VIPs;
- identify the best calming technique to use in a particular situation;
- give clear examples of how different opinions can be given in a respectful way;
- consider different ways to resist behaving under pressure, in a range of situations;
- debate whether keeping secrets for other people is OK;
- take part in a discussion on how unhealthy relationships could be identified.

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).