

Relationships - VIPs

PSHE and Citizenship | LKS2 | Planning Overview

About the Topic

This unit, entitled VIPs (Very Important Persons), will focus on relationships we have with our VIPs. It will look at friendships, how friendships are formed and maintained, and the qualities of a good friend. The lessons will then move on to disputes and bullying and will address strategies for coping with each of these.

Health and Safety (including food allergies) – Ensure children are safe when using scissors. Ensure Internet safety when using websites, games and activities.



Home Learning

Family Falling Out: In this activity, children will look at times they have fallen out with family members and plan a positive resolution in case this happens again.

Friends Outside School: In this activity, children will think about the friends they have outside of school and will sort them according to their closeness.



Wider Learning:

Draw on the lessons within this unit beyond the classroom, for example, on the playground, on school trips and at whole school events. This will ensure the children have the behaviours reinforced in different environments.

We hope you find the information on our website and resources useful. This resource contains links to external websites. Please be aware that the inclusion of any link in this resource should not be taken as an endorsement of any kind by Twinkl of the linked website or any association with its operators. You should also be aware that we have no control over the availability of the linked pages. If the link is not working, please let us know by contacting TwinklCares and we will try to fix it although we can assume no responsibility if this is the case. We are not responsible for the content of external sites.

Assessment Statements

All children should be able to...

- with support, discuss how the impact of our attitudes affects us when trying to make new friendships;
- with support, plan out how they will be an anonymous friend over the week;
- use a support sheet to discuss the dares within a story;
- use a support sheet to create a role play about positive resolution techniques;
- create a poster with ideas to help someone who is being bullied, with a support sheet of ideas.

Most children will be able to...

- discuss how our attitudes impact new friendships being made;
- create a plan for being an anonymous friend over the course of a week;
- reflect on the different characters in the dares story and discuss the different outcomes for each character;
- work together to create a role play about positive resolution techniques;
- create a poster with ideas to help someone who is being bullied.

Some children will be able to...

- discuss the need to have a variety of friends with differing personalities;
- discuss being supportive and loyal in a healthy friendship and what to do in an unhealthy friendship;
- discuss how the dares story could be resolved;
- discuss times when applying positive resolution techniques could be tricky and discuss how this could be overcome;
- create a storyline to address why a bully might have started bullying;

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).