



# Statutory Relationships and Sex Education

# Why is the curriculum changing?

- ▶ We want all children to grow up healthy, happy, safe and able to manage the challenges and opportunities of modern Britain. That is why, from the Summer Term of 2021, all primary age children will be taught Relationships and Health Education.
- ▶ These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21<sup>st</sup> century so that it is relevant for your child.

# What does the new statutory guidance cover?

## ► Relationships Education

The focus of Relationships Education is on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and adults. Department of Education guidance requires us to teach objectives under the following topics

- Families and people who care for me
- Caring Friendships
- Respectful Relationships
- Online Relationships
- Being Safe

You cannot withdraw your child from Relationship Education because it is important that all children receive the content.



▶ Health Education

The focus of Health Education is on teaching the characteristics of good physical health and mental wellbeing. Elements of our Health Education are timetabled to complement and support the teaching of RSE.

Department for Education guidance requires us to teach objectives under the following topics:

- Mental Wellbeing
- Internet Safety and Harms
- Physical Health and Fitness
- Healthy Eating
- Drugs, Alcohol and Tobacco
- Health and Prevention
- Basic First Aid
- The Changing Adolescent Body (Puberty)

# Science Curriculum

- ▶ As part of the Science curriculum we already teach the following statutory objectives that build understanding about growth and reproduction

## KEY STAGE ONE

Year 1 pupils should be taught to

- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense

Year 2 pupils should be taught to:

- Notice that animals, including humans, have offspring which grow into adults
- Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene

# Science Curriculum

## KEY STAGE TWO

Year 5 pupils should be taught to:

- Describe the process of reproduction in some plants and animals
- Describe the changes as humans develop to old age

Year 6 pupils should be taught to:

- Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents
- Recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function

# What are the recommendations for schools?

- ▶ Introduce children to the correct scientific terms to describe body parts in Key Stage 1
- ▶ Challenge the use of 'gay' as an insult and include work around the makeup of different families
- ▶ Explore/Challenge gender roles/stereotypes – linked to the Equality Act 2010
- ▶ Begin to explore puberty changes by the age of 8/9
- ▶ Deliver RES in a progressive way across the school
- ▶ Ensure that children in Year 5 and 6 receive RSE input around puberty so that they are prepared as soon as possible for the onset of puberty

# Why is Relationships and Sex Education important?

**Safeguarding children is at the heart of Relationships and Sex Education. Children need to know how to protect themselves from:**

- Abuse
- Grooming
- Child Sexual Exploitation
- Unwanted conceptions
- Sexually transmitted infections
- Sexting
- Online Pornography

Puberty is also starting earlier (for some children by age 8) so it is important they learn about it before changes begin.



# The aims of RSE at Ramsden Primary School

- ▶ Respect for self and others
- ▶ Building positive, caring relationships
- ▶ Respecting diversity
- ▶ Feeling safe and valued
- ▶ Self-awareness and self esteem
- ▶ Exploration of rights, duties and responsibilities

# Teaching RSE

- ▶ At Ramsden Primary School we will teach RSE through our PSHE lessons which are based around Relationships, Health and Wellbeing and Living in the Wider World. Our PSHE and Citizenship resources are fully in line with the Learning Outcomes and Core Themes provided by the PSHE Association Programme of Study.
- ▶ Each year group will have a new PSHE topic every half term. The topic headings are repeated every two years but there is a progression in skill and content.
- ▶ Parents will have access to what is being taught through the curriculum ruminators, as well as our detailed PSHE table which links to the objectives we are covering each half term.

# Curriculum overview

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
Year 1	Be Yourself	TEAM	Think Positive	Safety first	Aiming High	Diverse Britain
Year 2	Digital Well being	VIPs	It's my body	Growing up	Money Matters	One World
Year 3	Be Yourself	Think Positive	Aiming High	VIPs	It's My Body	Money Matters
Year 4	TEAM	Digital Wellbeing	Diverse Britain	One World	Safety First	Growing Up
Year 5	Digital Wellbeing	Think Positive	Be Yourself	It's my Body	One World	Money Matter
Year 6	Safety First	TEAM	Diverse Britain	VIPs	Aiming High	Growing Up

# Can I withdraw my child from RSE?

- ▶ From the Summer Term 2021, Parents and carers have the right to withdraw their child from **Sex Education outside of the Science** curriculum. The only sex education content outside the science curriculum is in Year 6.
- ▶ Parents do not have the right to withdraw their child from lessons on Relationships or Health Education or the Science Curriculum.
- ▶ If a parent or carer wishes to withdraw their child from Sex Education in Year 6, we ask that this is discussed with the Head Teacher in the first instance. A request to withdraw a child from these lessons must be put in writing to the Head Teacher following this initial meeting.
- ▶ Parents, carers and staff should be aware that pupils who are withdrawn from RSE will have questions about why this has happened. It should be understood that pupils may ask their peers questions about lesson content.

# Next Steps

- ▶ Please look at the materials on the school website including our RSE policy and the planning overviews.
- ▶ We are interested in your views and how we might offer further support.
- ▶ We are aware that there will be differences of opinion, and while the new changes are statutory, we will try to take your views into account.
- ▶ There is a google form which you can choose to complete if there are views you want to share or questions you would like to ask.
- ▶ It is important that you are aware of these changes so we can all work together to support each child.